



UNIVERSIDAD AUTÓNOMA DEL ESTADO DE HIDALGO
DIRECCION GENERAL DE SERVICIOS ACADEMICOS
DIRECCION DE AUTOAPRENDIZAJE DE IDIOMAS
DEPARTAMENTO ACADEMICO

Self-access Language Learning Record

Name: _____

Course: Semester / Inter-semester

Academic Department: _____

Faculty Full-time / Part-time

English course instructor: _____

Date: _____




*CEFR: A1 (1) (2) A2 (1) (2) B1 (1) (2) (3) (4) B2 (1) (2) (3) (4)

UAEH – DAI *The Office of Language Self-learning*

*Marco Común Europeo de Referencia para las lenguas

Designed by: MMMC

1. **PLAN** MY SELF-LEARNING SESSION:

a) Language skill(s):  Listening  Speaking  Reading

 Writing  Pronunciation  Grammar  Vocabulary

b) Topic: _____

c) Language competence _____

2. **CHOOSE** THE SELF-LEARNING RESOURCES:

What is the title of the self-learning material?

What type of activity will I choose?

(Summary) (True/False) (Choose the word) (Complete - Correct the sentence) (Match columns) (fill the blank) (multiple choice) Other:

3. **DEVELOPMENT** OF MY SELF-LEARNING ACTIVITY: *(write the most relevant information; if necessary; continue in the back of this page)*

4. **SELF-ASSESSMENT** OF MY ACTIVITY: Very good 😊 _____ Good 😊 _____ Not good 😞 _____ Why? _____

5. **FOLLOW-UP** FOR MY NEXT SESSION: (topic, page, unit, type of exercise, title of material, web page, etc...)

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